



The Shepherd's View

Volume 29, Issue 6

June 2014



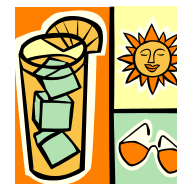
A United Way Agency

The Shepherd's Center of Raytown is a private, non-profit, interfaith, non-discriminatory organization whose purpose is to utilize the gifts of individuals in our community to promote continued personal and spiritual growth and help maintain the dignity and independence of all persons, focusing on adults 55 and older.

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June



24 years of volunteer service to older adults in the Raytown area.

17th ANNUAL SHEPHERD'S CENTER OF RAYTOWN GARDEN TOUR & LUNCH Tuesday June 17, 2014

Garden Tours:

\$10 per person

9:30am - 1:30pm

5:30pm - 8:00pm

Lunch:

\$7 per person

Noon - 2:00pm

SCR News and Notes

We invite you to join us for MARC's 18th Annual Regional Assembly and Regional Leadership awards on Friday, June 13, from 11:30 a.m. to 1:30 p.m. at the Westin Crown Center.

This year, MARC will honor the **four area Shepherd's Centers (Raytown, Northland, Central and Kansas City Kansas)** with one of four Regional Leadership Awards. These organizations are being recognized for their strong regional leadership to empower older adults to use their wisdom and skills for the good of their communities.

Other 2014 Regional Leadership Award winners are Mark Randall, city administrator for Pleasant Hill, Mo.; Health Care Foundation of Greater Kansas City and the REACH Foundation; and former Independence Mayor Don Reimal.

Register now at <http://www.marc.org/About-MARC/Learn-More/2014-Regional-Assembly>.

If you have any questions, please don't hesitate to contact us at 816-474-4240 or marcinfo@marc.org.

SAVE THE DATE! Shepherd's Center of Raytown Garden Tour and Luncheon on June 17. Look for more details



You can help us manage our newsletter costs

- ⇒ **Be a subscriber** by sending a donation of \$4.00 for your 2014 subscription to Shepherd's Center of Raytown, 7900 Blue Ridge Blvd., Kansas City, MO 64138
- ⇒ **Change the delivery method** and receive it electronically by sending an email to shepherdscenterr@sbcglobal.net or calling 356-9000.
- ⇒ **Please notify the SCR Office of address changes** at 356-9000. When newsletters are returned, the Post Office charges us 49 cents.
- ⇒ Thanks in advance for your support!

MEMORIALS AND HONORARIUMS

*To all of our wonderful volunteers.
Without you we would not be able to
accomplish our mission.*

Dear Friends ,

Ahhhh! Ice cold lemonade, picnics and barbeques with friends and family; watching baseball, sitting out on the porch with neighbors, eating home-grown tomatoes, and longer hours of daylight are all proof that good ole' summertime is finally here!

As we are enjoying summer and all the pleasures that come with it we also need to think of older adults in our community. Because of your continued support The Shepherd's Center of Raytown has been able to provide services needed to help maintain the independence of older adults, as well as offering wonderful programs to provide social opportunities.

The Shepherd's Center of Raytown is a fabulous asset to our community, but the organization faces rising operational costs in its attempt to provide the services and programs we offer. We need your help. Would you help support our programs and services with a monetary donation?

Mail your contribution to: **Shepherd's Center of Raytown, 7900 Blue Ridge Blvd. Kansas City, MO 64138**

Thank you for your kindness! The giving hearts of the people in our community are what make the Shepherd's Center of Raytown the success it is.

Sincerely,

Kim LeSage, President, Board of Trustees

Adventures In Learning

June 27, 2014

Adventures in Learning is held at the Raytown Christian Church

6108 Blue Ridge Blvd

Fees for Adventures in Learning

Class...\$2.00 Lunch...\$5.00

We MUST have your reservation for lunch by noon on Monday, June 23.

Please RSVP to the SCR office at 356-9000.

9:00 a.m. – Welcome

Coffee & Fellowship

Session 1 9:30 am

Current Events

Ron Ostlund

Video — Blue Planet, Seas of Life; Frozen Oceans and Coral Seas

Session 2 10:45 am

Mary Wood

Mary is from the Raytown Gardening Club. She will be doing a Power Point Presentation on "Container Gardening".

Dr. Rusty Ryan

Dr. Ryan is a Pharmacologist with the John Locke Society. His topic will be "The Good, The Bad and The Ugly of Internet Medicine".

Noon Forum

Jim Tipton

Mr. Tipton will do a presentation called "Funny People, Places and Things".

Our thanks go out to Mike Butcher for his donation of pastry for our morning coffee and fellowship.

A hot lunch will be catered for \$5 per person. In order to keep the cost increase minimal, the menu will be determined by the caterer a week prior to Adventures in Learning.

Thank you to our community partners who provide financial support of Adventures in Learning.

- **Breakfast bites**
Autumn Terrace
- **Lunch support**
Edgewood Manor
- **Dessert**
Westridge Gardens

REAP Donation for May

Each month at Adventures in Learning, we collect items for the **Raytown Emergency Assistance Program.**

This month will be Personal Care Items (**peanut butter, jelly, lunch stuff.**)

If you have diet restrictions or would just prefer to bring your own lunch, brown bags are welcome. We will provide your beverage.

If you come without a reservation AND we have cancellations, we can sell you a ticket, but we MUST adhere to the count we give the caterer.

If a cancellation cannot be made by the Wednesday before Adventures in Learning, we request that a donation of \$5 be mailed to the Shepherd's Center of Raytown office to cover the amount we will be billed for your reservation.

Thank you for understanding.

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i>	<i>2</i> Break Time Tai Chi Chih	<i>3</i> Exercise Class	<i>4</i>	<i>5</i> Exercise Class	<i>6</i>	<i>7</i>
<i>8</i>	<i>9</i> Break Time Tai Chi Chih	<i>10</i> Book Club Exercise Class	<i>11</i>	<i>12</i> Exercise Class	<i>13</i>	<i>14</i>
<i>15</i>	<i>16</i> Break Time Tai Chi Chih	<i>17</i> Exercise Class	<i>18</i>	<i>19</i> Bouncing Back Exercise Class	<i>20</i>	<i>21</i>
<i>22</i>	<i>23</i> Break Time Tai Chi Chih	<i>24</i> Exercise Class	<i>25</i>	<i>26</i> Exercise Class	<i>27</i> Adventures In Learning	<i>28</i>
<i>29</i>	<i>30</i> Break Time Tai Chi Chih					

Schedule of Events

- **Break time**—Mondays, 9:30 am to 2:00 pm, Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.
- **Tai Chi Chih Class** - Mondays, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Book Club**—1st Tuesday, 2:00 pm to 3:00 pm, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Exercise Class**—Tuesdays and Thursdays, 8:30 am to 9:30 am, St. Bernadette's Catholic Church Gym, 9020 E. 51st Terr.
- **Bouncing Back**—3rd Thursday, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Adventures In Learning**—4th Friday January—November, 9:00 am to 1:00 pm, Raytown Christian Church, 6108 Blue Ridge

Community Opportunity

OUR GARDEN TOUR AND LUNCHEON WILL BE ON JUNE 17

We are still looking for Volunteers to assist us!

Please email shepherdscenterr@sbcglobal.net or call the office at 816-356-9000 so that we can get your name on our list of volunteers who wish to participate in the tour and/or luncheon. I would like to have volunteer confirmations by June 13. This will give us time to place people where the need is greatest. Thank you.

Volunteer Corner

Thank you for your service to Shepherd's Center of Raytown and for making a difference in others' lives.



Volunteer Timesheets for 2014! 2014 volunteer timesheets can be found on the SCR website or by contacting the office at 356-9000. Make sure that you turn them into the office by July 15 for the second quarter. Thank you!

Volunteer Help Needed

Adventures In Learning

Planning Committee. Join this lively group to provide program ideas and resources. This committee meets three times per year.

Set-up Committee. This group sets tables, hangs signs and performs other miscellaneous tasks in preparation for AIL. Time commitment is 2:30 - 3:30 pm the Thursday preceding AIL, January - November.

Kitchen Helpers. Helpers wash utensils and beverage containers and do general clean-up. Sign-up for specific months if you prefer.

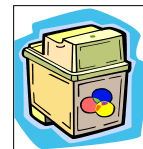
Drivers

Meals on Wheels & Wheels that Care. We have a continual need for drivers who are willing to deliver meals once a week (especially on Mondays) or transport seniors to medical appointments only two times per month.

The SCR Exercise Class is in need of a person to share the duties of being the program coordinator. This person will share the duties of set-up, attendance, leading and counting the repetitions of the routine; Tuesday and Thursdays only, 8:30-9:30am

If interested or have questions, please call the SCR office at 356-9000 .

Help SCR Recycle and Collect



Old or broken Christmas lights

Printer cartridges

Cell phones

Best Choice labels



We have a box in the SCR office so stop by or bring items to Adventures in Learning.

Getting to Know Your Computer

Wednesday, June 25th 2:00 PM - 3:30 PM

Need to learn how to turn a computer on? Does even thinking about using a computer give you a "lost" feeling? If so, help is here! This 90-minute, hands-on session will guide you through some of the basics of making a computer work for you. No experience is required. If you have your own laptop computer, feel free to bring it. If not, the branch will provide one for your practice.

Registration required:

Denise Bozikis

Access Specialist II

Raytown Branch

DBozikis@mymcpl.org

Phone: (816) 353-2052

Mid-Continent Public Library <http://www.mymcpl.org>

Shepherd's Center of Raytown
Kristina Peters, Executive Director
7900 Blue Ridge Blvd, Kansas City, MO 64138
Phone: (816) 356-9000 Fax: (816) 356-6526

Email: shepherdscenterr@sbcglobal.net
Website: shepherdscenterraytown.org

Offices at: One Spirit United Methodist Church
Hours: Monday thru Thursday: 9am—4pm
Friday: 9am—Noon

Non-Profit Organization
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Permit No. 4761



A United Way Agency

Time sensitive—Please deliver by June 7-9
Return Service Requested

Shepherd's Center of Raytown Board of Trustees 2014

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Shepherd's Center of Raytown couldn't do it without these dedicated individuals!

Thank You!