



The Shepherd's View

Volume 24, 7

July 2013



A United Way Agency

The Shepherd's Center of Raytown is a private, non-profit, interfaith, non-discriminatory organization whose purpose is to utilize the gifts of individuals in our community to promote continued personal and spiritual growth and help maintain the dignity and independence of all persons, focusing on adults 55 and older.

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Say it in English

As we have just celebrated the 4th of July to commemorate the signing of the Declaration of Independence from Great Britain, I thought this would be a humorous reminder of the quirkiness of the "official" language of the United States. I hope you enjoy it as much as I did. And Frank, thanks for sharing!

-Patty

Let's face it - English is a crazy language. There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

And why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend? If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the English speakers should be committed to an asylum for the verbally insane. In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell?

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out and in which an alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all. That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

PS. - Why doesn't 'Buick' rhyme with 'quick' ?

Author Unknown

SCR News and Notes

Let's Book It!



If the summer heat is keeping you inside, use the time to box up your unwanted books for the annual Shepherd's Center of Raytown Used Book Sale September 26-28. (No magazines, encyclopedias or Reader's Digest Condensed books please.)

Contact the SCR office at 356-9000 if you have questions or would like to donate.

Did You Know ?

150 million hot dogs are consumed on the 4th of July every year?

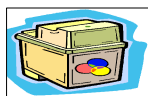


Vacation Time!

As I write this newsletter I'm in a mad rush to cram two weeks of work into one week in preparation for having a week of R & R. (Seems a bit counter-productive, doesn't it?) However, this flurry of activity heightens the anticipation. It's been a busy and exciting spring and early summer. Events started in April with the volunteer breakfast, followed by yard clean-up, KC Metro Men's Concert and most recently the Garden Tour. Along the way I was honored to be the mother of the bride when our daughter was married on May 25. I'm ready for a week to leave intensive planning behind and enjoy the spontaneity that a vacation offers. I'll send you a postcard!

-Patty

Help SCR Recycle and Collect



It makes a difference!

- ◇ Printer cartridges
- ◇ Cell phones
- ◇ Best Choice labels



We have a box in the SCR office so stop by or bring items to Adventures in Learning.

There are many ways in which you can ensure the future of the Shepherd's Center of Raytown.

- **Living Tribute Gift.** Honor a living person for a special occasion.
- **Memorial Gift.** Give in memory of a loved one or friend.
- **Bequests.** Name SCR as a recipient of a part of your estate.
- **Outright Gifts.** Give a gift of cash or securities.
- **Life Insurance.** Transfer the ownership of a life insurance policy to SCR.
- **The Truman Heartland Foundation.** Contribute to our endowment fund.
- **Online.** Make a credit card donation by using the "Donate Now" button at shepherdscenterraytown.org

Contributions to SCR are tax-deductible. Please contact the SCR office if you have questions.



Adventures In Learning

July 26, 2013

NOTICE: Alternate location for July only at
 One Spirit United Methodist Church, 7900 Blue Ridge Blvd
 Blue Ridge Blvd at 79th
 Class...\$2.00 Lunch...\$3.00

We MUST have your reservation for lunch by noon on Monday, July 22.

9:00 a.m. – Welcome

Blood Pressure Checks

Carondelet Home Care

Coffee & Fellowship

Thank you to Benchmark Healthcare for providing the treats!

Session 1 9:30 am

Current Events

Ron Ostlund

Video — Canadian Rockies by Rail

Floyd Anderson

Session 2 10:45 am

Keeping Yourself Healthy

Tony Tungol, Corporate Wellness Director at Edgewood Manor

The impact of exercise, light exposure, social support and more as it contributes to a healthy lifestyle

Recycling Recyclables

Debbie Pennington

Discover clever and practical uses of materials that can be re-purposed before they go into the recycling bin.

Noon Forum

U.S. Espionage—The Making and Breaking of an American Spy

Jim Everett, CIA Agent (ret.)

Real-life experience in deep-cover international relations.

Menu

The menu will be determined by the caterer a week prior to Adventures in Learning.

Half the cost of the lunch is provided *compliments* of Edgewood Manor Rehab & Wellness Center.

Dessert is provided by Westridge Gardens.

REAP Donation for July

Each month Adventures in Learning collects items for the **Raytown Emergency Assistance Program.**

Items needed are:

- Spiral notebooks
- Notebook paper – wide ruled

PLEASE NOTE

If you have diet restrictions or would just prefer to bring your own lunch, brown bags are welcome. We will provide your beverage.

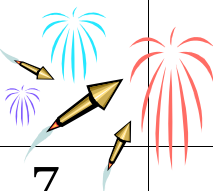

If you come without a reservation **AND** we have cancellations, we can sell you a ticket, but we **MUST** adhere to the count we give the caterer.

If a cancellation cannot be made by the Wednesday before Adventures in Learning, we request that a donation of \$3 be mailed to the Shepherd's Center of Raytown office to cover the amount we will be billed for your reservation.

Thank you for understanding.

July 2013

Sun Mon Tue Wed Thu Fri Sat

	1	2 <i>Book Club</i>	3	4 	5	6
7	8 <i>Breaktime Tai Chi Chih</i>	9 <i>Exercise Class</i>	10	11 <i>Exercise Class</i>	12	13
14	15 <i>Breaktime Tai Chi Chih</i>	16	17	18 <i>Bouncing Back</i>	19	20
21	22 <i>Breaktime Tai Chi Chih</i>	23 <i>Exercise Class</i>	24	25 <i>Exercise Class</i>	26 <i>Adventures in Learning</i>	27
28	29 <i>Breaktime Tai Chi Chih</i>	30 <i>Exercise Class</i>	31			

Schedule of Events

- **Breaktime**—Mondays, 9:30 am to 2:00 pm, Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.
- **Tai Chi Chih Class** - Mondays, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Book Club**—1st Tuesday, 2:00 pm to 3:00 pm, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Exercise Class**—Tuesdays and Thursdays, 8:30 am to 9:30 am, St. Bernadette's Catholic Church Gym, 9020 E. 51st Terr.
- **Bouncing Back**—3rd Thursday, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Adventures In Learning**—4th Friday January—November, 9:00 am to 1:00 pm, Raytown Christian Church, 6108 Blue Ridge Blvd.

Community Events

The Raytown Arts Council presents

The Sound of Music

Fri & Sat, July 19 & 20 7:30 pm Sun, July 21 2 pm

At the performing arts center of Raytown High School

\$8 in advance \$5 12 and under

\$10 at the door or online at raytownarts.com

Community Card Group

Silver Streaks meets every Thursday at Ivanhoe United Church of Christ, 6512 Woodson Road from 8:30 am to 3:00 pm.

Come and go according to your schedule. Games played are Hand & Foot, Canasta and Pinochle.

The cost is \$2 per session. Coffee is provided. You are encouraged to bring a sack lunch. The last Thursday each month is a potluck lunch.

Volunteer Corner

Thank you for your service to Shepherd's Center of Raytown and for making a difference in others' lives.

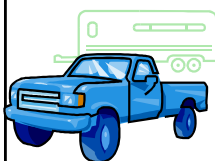


2nd quarter timesheets are due to the SCR or the Meals on Wheels office. Please turn them in as soon as possible. Blank timesheets can be printed from the SCR website, Volunteers in Action page, picked up at the SCR offices or mailed to you on request.

Unique Requests...

Special requests and opportunities need special resources. If you have the ability to provide time, equipment or service, we would appreciate it.

Book Storage. Additional book storage is needed in preparing for the annual book sale September 26-28. A dry space in an area such as a workshop, garage or storage unit .The ideal location would allow for monthly drop off and sorting of the collected books.



Truck or Truck & Trailer. To transport books from storage to Blue Ridge Presbyterian the week of September 16.

Book Sorting. *All you need to know is your ABC's!* Participate in a short-term project in a team environment to sort and alphabetize books prior to the September sale. Lifting is not required.

Contact SCR with solutions.

Thank you Joan and Ann!

Sadly, we have experienced the loss of office Volunteers Joan Raymond and Ann Smith through recent resignations. SCR appreciates the weekly commitment of these women in supporting our mission by assisting callers, securing drivers, supporting special events and performing clerical functions.

Welcome Cecile and Rex!

You will meet Cecile Leggio when you call on Tuesday mornings. In the past few months, she has supported Adventures in Learning tasks and handled general office duties. In August, Rex Block will begin his tenure on Thursday afternoons. When you talk to Cecile and Rex, welcome them to the SCR family!

Fit & Fun!

The SCR Exercise Class is in need of a person to share the duties of being the program coordinator. This person will share the duties of set-up, attendance, leading and counting the repetitions of the routine. Formal training is not needed.

Classes are held at St. Bernadette Catholic Church from 8:30—9:30 am on Tuesdays and Thursdays.

If interested or have questions, please call the SCR office at 356-9000 and ask for Patty.

Shepherd's Center of Raytown
7900 Blue Ridge Blvd, Kansas City, MO 64138
Phone: (816) 356-9000
Fax: (816) 356-6526

Email: shepherdscenterr@sbcglobal.net
Website: shepherdscenterraytown.org

Offices at: One Spirit United Methodist Church
Hours: Monday thru Thursday: 9 am - 4 pm
Friday: 9 am - Noon

Non-Profit Organization
U.S. Postage
PAID
Kansas City, MO
Permit No. 4761



Time sensitive—Please deliver by July 15-16
Return Service Requested

Garden Tour Thanks!

Homeowners:

- * Karen & Rex Block
- * Mary & Clarence Yeo
- * Linda & Steve Bakken
- * Michelle & Clay Chapman
- * Clint Cassing

Thank you to everyone who attended and hosted the 16th Annual Garden Tour and Lunch. SCR is grateful to the homeowners for sharing their creativity and their yards for all to admire. Their hours of work and were obvious and appreciated. Many thanks to all who assisted in planning and staffing the events of the day. We especially want to thank Ruthie Schwieterman who scouted all the yards and Mary Jane Spradley for organizing the wonderful lunch, and their supporting team members. We couldn't do this without all of your support.

The fascinating fishbowl on the surface of the pond at the home of the Yeo's.



Sponsors:

- ◆ Farrand Farms
- ◆ Kamp's Flowers
- ◆ Bannister Garden Center
- ◆ Raytown Hy-Vee
- ◆ Iva Stribbling
- ◆ Raytown Christian Church
- ◆ St. Bernadette CCW