



The Shepherd's View

Volume 25, issue 1

January 2014



A United Way Agency

The Shepherd's Center of Raytown is a private, non-profit, interfaith, non-discriminatory organization whose purpose is to utilize the gifts of individuals in our community to promote continued personal and spiritual growth and help maintain the dignity and independence of all persons, focusing on adults 55 and older.

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24 years of volunteer service to older adults in the Raytown area.

Grants and Gifts Provide Meals on Wheels Weather Emergency Bags

Weather Emergency Bags were assembled and distributed by volunteer drivers in December to provide Meals on Wheels clients an emergency food supply when inclement weather causes the cancellation of meal delivery.

Groceries were selected with the intention to provide two meals which included canned chicken, noodles and sauce, cans of soup, fruit, and other assorted items.

Tamey Cherry, Meals on Wheels Operations Manager, shopped and filled over 80 bags, thanks to donations from the Independence Young Matrons and Raytown Rotary.



Volunteer Bob Smith and Tamey Cherry load his van on a sunny December day to begin delivery of the Weather Emergency Bags.



SCR News and Notes

O, What Fun!

Fun was had by all at the Community Christmas Party on December 10 at Raytown Christian Church.

It was a sell-out with 112 persons attending and dozens of volunteers. If you missed the entertainment, pictures with Santa and carols, plan on attending in December of 2014. This is sure to be an annual event!



Santa and friends enjoying lunch.



Reminder: If the Raytown School District has cancelled classes for inclement weather, the SCR and Meals on Wheels offices, Meals on Wheels delivery, Wheels that Care rides, all classes and all other services are cancelled.

You can help us manage our newsletter costs

- ⇒ **Be a subscriber** by sending a donation of \$4.00 for your 2014 subscription to Shepherd's Center of Raytown, 7900 Blue Ridge Blvd., Kansas City, MO 64138
- ⇒ **Change the delivery method** and receive it electronically by sending an email to shepherdscenterr@sbcglobal.net or calling 356-9000.
- ⇒ **Please notify the SCR Office of address changes** at 356-9000. When newsletters are returned, the Post Office charges us 46 cents.

Thanks in advance for your support!

MEMORIALS AND HONORARIUMS

In Honor of

- ◇ **Charlotte & Dwight Robinson** by Barbara & John Anglum
- ◇ **Helen Anderson** by Betty Shell
- ◇ **Jenny Langford** by Carol Williams
- ◇ **Patty Stock** by Alice Wehmhoener
- ◇ **Bonnie & Bob Downs** by Ruthie & Steve Schwieterman
- ◇ **Linda & Joe Casebolt** by Ruthie & Steve Schwieterman
- ◇ **Charlotte & Dwight Robinson** by Ruthie & Steve Schwieterman
- ◇ **Connie Turnipseed** by Ruthie & Steve Schwieterman

Backward and Forward

With the new year comes reflection of the past year and the anticipation that a new year brings.

I'm taking that reflection back a bit further to October 2010 when I began my tenure at Shepherd's Center of Raytown as Executive Director.

Volunteers, clients, fundraising events, new friends and associates flood my mind.

In January I will begin a new chapter in my life with a return to a marketing and advertising career. It has been an honor to represent Shepherd's Center of Raytown in the community and beyond. The support of everyone has been greatly appreciated. To you and all of those people, I must say, "Goodbye and thank you."

Blessings to you for a prosperous New Year!

-Patty

Adventures In Learning

January 24, 2014

Adventures in Learning is held at the Raytown Christian Church

6108 Blue Ridge Blvd

Fees for Adventures in Learning

Class...\$2.00 Lunch...\$5.00

We MUST have your reservation for lunch by noon on Monday, Jan 20.

Please RSVP to the SCR office at 356-9000.

9:00 a.m. – Welcome
Coffee & Fellowship

Session 1 9:30 am
Current Events
Ron Ostlund

Video — Victor Borge - Lost Episodes

Session 2 10:45 am
Underground Railroad

Jerry Jenkins, a local film maker, *Freedom Seekers- stories from Western Underground Railroad*. He will present historical information regarding the freeing of slaves from Lawrence and Topeka north to Nebraska City, across Iowa and into Chicago. He will bring books and copies of his movie with him.

United Way Volunteer in Action

Terry Maran, United Way volunteer will tell of his experiences of being a local United Way volunteer.

Noon Forum

Silver Strings Dulcimers

Sit back and enjoy the performance by this talented group of dulcimer musicians.



A hot lunch will be catered for \$5 per person. In order to keep the cost increase minimal, the menu will be determined by the caterer a week prior to Adventures in Learning.

Thank you to our community partners who provide financial support of Adventures in Learning.

- **Breakfast bites**
Autumn Terrace
- **Lunch support**
Edgewood Manor
- **Dessert**
Westridge Gardens

REAP Donation for January

Each month at Adventures in Learning, we collect items for the **Raytown Emergency Assistance Program**.

This month will be peanut butter.



PLEASE NOTE

If you have diet restrictions or would just prefer to bring your own lunch, brown bags are welcome. We will provide your beverage.

If you come without a reservation **AND** we have cancellations, we can sell you a ticket, but we **MUST** adhere to the count we give the caterer.

If a cancellation cannot be made by the Wednesday before Adventures in Learning, we request that a donation of \$5 be mailed to the Shepherd's Center of Raytown office to cover the amount we will be billed for your reservation.

Thank you for understanding.

January 2013

Sun Mon Tue Wed Thu Fri Sat

			1 	2	3	4
5	6 <i>Breaktime Tai Chi Chih</i>	7 <i>Book Club Exercise Class</i>	8	9 <i>Exercise Class</i>	10	11
12	13 <i>Breaktime Tai Chi Chih</i>	14 <i>Exercise Class</i>	15	16 <i>Exercise Class Bouncing Back</i>	17	18
19 <i>MLK Multi-Cultural Celebration</i>	20 <i>MLK, Jr. Day Office Closed</i>	21 <i>Exercise Class</i>	22	23 <i>Exercise Class</i>	24 <i>Adventures in Learning</i>	25
26	27 <i>Breaktime Tai Chi Chih</i>	28 <i>Exercise Class</i>	29	30 <i>Exercise Class</i>	31	

Schedule of Events

- **Breaktime**—Mondays, 9:30 am to 2:00 pm, Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.
- **Tai Chi Chih Class** - Mondays, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Book Club**—1st Tuesday, 2:00 pm to 3:00 pm, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Exercise Class**—Tuesdays and Thursdays, 8:30 am to 9:30 am, St. Bernadette's Catholic Church Gym, 9020 E. 51st Terr.
- **Bouncing Back**—3rd Thursday, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Adventures In Learning**—4th Friday January—November, 9:00 am to 1:00 pm, Raytown Christian Church, 6108 Blue Ridge Blvd
SCR Office Closed - Monday January 20 in observance of Martin Luther King, Jr. Day

Community Opportunity

Participate in the Community Choir for the 2014 MLK Celebration in Raytown

January 19, 2014 3 pm Graceway 5460 Blue Ridge Cut-off

The Community Choir will be led by Jeremy Schell of Graceway. Bring your entire choir or individual members can participate. There will be two open rehearsals at Graceway to prepare for the event:

- Monday, January 13 at 7pm
- Saturday, January 18 at 10 am

Please let Jeremy know (816-358-1515 or jschell@visitgraceway.org) if you plan to join in the community choir!

Volunteer Corner

Thank you for your service to Shepherd's Center of Raytown and for making a difference in others' lives.



4th Quarter Timesheet are Due!

Please mail, email or drop them by the SCR or Meals on Wheels office. 2013 sheets can be found on the SCR website or by contacting the office at 356-9000.

Volunteer Help Needed

Adventures In Learning

Planning Committee. Join this lively group to provide program ideas and resources. This committee meets three times per year.

Set-up Committee. This group sets tables, hangs signs and performs other miscellaneous tasks in preparation for AIL. Time commitment is 2:30 - 3:30 pm the Thursday preceding AIL, January - November.

Kitchen Helpers. Helpers wash utensils and beverage containers and do general clean-up. Sign-up for specific months if you prefer.

Drivers

Meals on Wheels & Wheels that Care. We have a continual need for drivers who are willing to deliver meals once a week (especially on Monday's) or transport seniors to medical appointments only two times per month.

The SCR Exercise Class is in need of a person to share the duties of being the program coordinator. This person will share the duties of set-up, attendance, leading and counting the repetitions of the routine Tuesday and Thursdays only.

If interested or have questions, please call the SCR office at 356-9000 .

Fall Yard Clean-up a Success

We extend our thanks to nearly 50 volunteers who assembled early Saturday, November 2 to tidy the yards of older adults in the community. These groups included:

- ♥ EMT Academy
- ♥ FEMA Corps
- ♥ Girl Scout Troop 4027
- ♥ Metcalf Bank Managers
- ♥ SCR volunteers
- ♥ Raytown High National Honor Society

Additional thanks to Missouri Organic who disposed of the yard waste at no-cost and the truck and trailer crew for transport and delivery of 130 bags of leaves to Missouri Organic.

SCR Volunteers Brave the Cold at Christmas in the Park at Longview Lake

What do you do in a wind chill of 10 degrees on a December Saturday night? Volunteer at the conclusion of the Longview Lake Christmas In the Park drive-through light show!

On December 7, nine volunteers clothed in multiple layers braved a chilly night to distribute candy and receive donations.

Donations received through the Christmas season will be distributed to participating charities.



Pictured are Earl & Alice Wehmhoener

Shepherd's Center of Raytown
7900 Blue Ridge Blvd, Kansas City, MO 64138
Phone: (816) 356-9000
Fax: (816) 356-6526

Email: shepherdscenterr@sbcglobal.net
Website: shepherdscenterraytown.org

Offices at: One Spirit United Methodist Church
Hours: Monday thru Thursday: 9 am—4 pm
Friday: 9 am—Noon

Non-Profit Organization
U.S. Postage
PAID
Kansas City, MO
Permit No. 4761



Time sensitive—Please deliver by January 9-10
Return Service Requested

Unity with Love – Pass it on!

Dr. Martin Luther King Jr. Multi-Cultural Celebration Service



Sunday, January 19, 2014

3 pm

Graceway

5460 Blue Ridge Cut-off

Raytown, MO 64133

On Sunday, January 19 at 3 pm, the community is gathering at Graceway for Raytown's annual Dr. Martin Luther King, Jr. Celebration! The event will feature Mayor David Bower, keynote speaker Kerry Casey of the National Center for Fathering, a community choir, the 2nd Annual MLK Today Essay Contest, and more!

Monetary donations received will support the neediest in the community through the Barker Memorial Community Outreach and the Raytown Emergency Assistance Program (REAP).