



The Shepherd's View

Volume 24, issue 2

February 2013



A United Way Agency

The Shepherd's Center of Raytown is a private, non-profit, interfaith, non-discriminatory organization whose purpose is to utilize the gifts of individuals in our community to promote continued personal and spiritual growth and help maintain the dignity and independence of all persons, focusing on adults 55 and older.

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*Thank you to Susan & Terry Landers
Sponsors of the February Shepherd's View*

Question: When is \$121,274 not enough to sustain SCR?

Answer: When \$121,274 cannot pay the bills.

Here's the bad news. Like many non-profits it is difficult for SCR to raise enough money to fulfill our mission. Each year we conduct an annual fund raising campaign to cover operating costs and the expenses in delivering programs and services. With one exception, all programs and services are provided on a donation basis, requiring no payment by the recipient and no compensation to the volunteer. In the past few years, expenses have exceeded income. Now is the time to reverse that trend. Please help us continue our work through your financial support.

Here's the GREAT news! The Shepherd's Center of Raytown is a volunteer organization dedicated to serving our community's older adults through programs to help them live independently as long as possible and remain mentally, physically and socially active. SCR volunteers work diligently and selflessly to improve the quality of life for older adults who need a ride to the doctor, a hot meal delivered to their home, leaves removed from the lawn or simply the opportunity to spend a day with others.

In 2012, 155 volunteers documented 5,520 hours in service to others and providing guidance in the operations of this organization. The value of the hours is \$121,274 according to The *Independent's Sectors* value of volunteer time at \$21.97 per hour. This is a demonstration of the measurable impact that volunteers have provided through SCR. What this does not express is the immense value of the social, emotional and physical support the volunteers provide to our community's older adults.

Please consider a financial gift to the Shepherd's Center of Raytown through a one-time, monthly or quarterly donation that can be mailed to 7900 Blue Ridge Blvd, Kansas City, Mo 64138. SCR recognizes this is a challenging economic period for many persons. Be assured your dollars are spent supporting programs and services that are unduplicated in the community.

On behalf of the board, staff, volunteers, clients and participants we thank you in advance for your consideration and generous donation.

You can be sure it will make a difference.

SCR News and Notes

Save the Date

Metro Men's Chorus Performance to Benefit SCR

Sunday, April 14, 3 pm


Blue Ridge United Methodist Church, 51st & Blue Ridge Blvd



The Metro Men's Chorus will perform a selection of beautiful music for your enjoyment.

The mission of the choir is to praise God through music and giving of the offering to local

charities. The free-will offering will benefit the programs and services of SCR.

 *An afternoon of beautiful music you don't want to miss. Bring a friend (or two) and let's fill the sanctuary!*

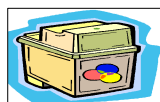
Not a Bridge player? Then come to Bridge and Cards anyway!

If Bridge is not your cup of tea, then call some friends and come for the fellowship and to play Scrabble, Canasta or what ever game you would like to bring. More players are needed for Bridge, Hand & Foot, and game tables.

The Bridge & Cards Group will not meet in February. The next session is 12:30—3 pm Wednesday, March 20, at Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.

Help SCR Recycle and Collect

- ◇ **Printer cartridges**
- ◇ **Cell phones**
- ◇ **Best Choice labels**



We have a box in the SCR office so stop by or bring items to Adventures in Learning.

MEMORIALS AND HONORARIUMS

**In Honor of Wheels that Care Driver
Joe Burton**

By Mary Frances DeBacker

There are many ways in which you can ensure the future of the Shepherd's Center of Raytown.

- ♥ **Living Tribute Gift.** Honor a living person for a special occasion.
- ♥ **Memorial Gift.** Give in memory of a loved one or friend.
- ♥ **Bequests.** Name SCR as a recipient of a part of your estate.
- ♥ **Outright Gifts.** A gift of cash or securities.
- ♥ **Life Insurance.** Transfer the ownership of a life insurance policy to SCR.
- ♥ **The Truman Heartland Foundation.** Contribute to our endowment fund.
- ♥ **Online.** Make a credit card donation by using the "Donate Now" button at shepherdscenterraytown.org

Contributions to SCR are tax-deductible. Please contact the SCR office with questions.



Adventures In Learning February 22, 2013

Adventures in Learning is held at the Raytown Christian Church

6108 Blue Ridge Blvd

Fees for Adventures in Learning

Class...\$2.00

Lunch...\$6.00

We MUST have your reservation for lunch by noon on Monday, February 18.

Please RSVP to the SCR office at 356-9000.

9:00 a.m. – Welcome

Blood Pressure Checks

Carondelet Home Care

Coffee & Fellowship

Thank you to Benchmark Healthcare for providing the treats!

Session 1 9:30 am

Current Events

Ron Ostlund

Video — Story of Will Rodgers

Floyd Anderson

It's a jungle out there!

Wear your animal prints to welcome the Zoomobile visitors!

RESCHEDULED:

Free Nail Care Clinic

9:30—11:00

Manicures and pedicures available on a first come basis, provided by American Home Care.

A hot lunch will be catered for \$6 per person. In order to keep the cost increase minimal, the menu will be determined by the caterer a week prior to Adventures in Learning.

Dessert will be provided by Westridge Gardens.

Artwork will be provided by the students of Mr. Halsel at Blue Ridge Elementary School

Session 2 10:45 am

Constructing Futures

Rev. Bob Spradling will provide an informative session about his work with persons who have been incarcerated and their journey to a brighter future through home remodeling for families in need.

Scottish Highland Games of Kansas City

Roy Erwin will bring the regions annual Scottish Highland Games to Raytown through story and photos.

Noon Forum

Kansas City Zoo - ZooMobile

An Education Ambassador from the Kansas City Zoo will bring information about new events and future residents at the zoo. Meet the animals who accompany the ambassador!



REAP Donation for February

Each month Adventures in Learning, collects items for the **Raytown Emergency Assistance Program.**

Items needed are:

- canned fruit
- pork & beans
- canned meat
- cereal

PLEASE NOTE

If you have diet restrictions or would just prefer to bring your own lunch, brown bags are welcome. We will provide your beverage.

If you come without a reservation **AND** we have cancellations, we can sell you a ticket, but we **MUST** adhere to the count we give the cook.

If a cancellation cannot be made by the Wednesday before Adventures in Learning, we request that a donation of \$6 be mailed to the Shepherd's Center of Raytown office to cover the amount we will be billed for your reservation.

Thank you for understanding.

February 2013

Sun Mon Tue Wed Thu Fri Sat

					1	2
3	4 <i>Breaktime Tai Chi Chih</i>	5 <i>Book Club Exercise Class</i>	6	7 <i>Exercise Class</i>	8	9
10	11 <i>Breaktime Tai Chi Chih</i>	12 <i>Exercise Class</i>	13 <i>Ash Wednesday</i>	14  <i>Exercise Class</i>	15	16
17	18 <i>Breaktime Tai Chi Chih</i>	19 <i>Exercise Class</i>	20	21 <i>Exercise Class</i>	22 <i>Adventures in Learning</i>	23
24	25 <i>Breaktime Tai Chi Chih</i>	26 <i>Exercise Class</i>	27	28 <i>Exercise Class</i>		

Schedule of Events

- **Breaktime**—Mondays, 9:30 am to 2:00 pm, Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.
- **Tai Chi Chih Class** - Mondays, 10:30 am to 11:30 am, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Book Club**—1st Tuesday, 2:00 pm to 3:00 pm, One Spirit United Methodist Church, 7900 Blue Ridge Blvd.
- **Exercise Class**—Tuesdays and Thursdays, 8:30 am to 9:30 am, St. Bernadette's Catholic Church Gym, 9020 E. 51st Terr.
- **Caregivers Support Group** – 2nd Monday, 9:30 am to 11:30 am, Blue Ridge United Methodist Church, 5055 Blue Ridge Blvd.
- **Bridge & Card Group**—Cancelled in February, will meet again the 3rd Wednesday in March.
- **Adventures In Learning**—4th Friday January—November, 9:00 am to 1:00 pm, Raytown Christian Church, 6108 Blue Ridge Blvd.

Community Events

Love in the Afternoon: Love Songs of the 50's

Fine Cuisine & Exceptional Music

Noon, February 19

\$12 per person

Colonial Presbyterian Church

9500 Wornall Road, Kansas City, MO

Enjoy lunch with great music and humor for older adults. This is part of a series sponsored by Shawnee Heartland Assisted Living. Due to high demand tickets must be purchased in advance by calling 913.248.6688.

Free Tax Help for Seniors from AARP

AARP Tax-Aide representatives will be at the Mid-Continent Public Library to assist seniors with moderate to low incomes with tax questions and tax return preparation. (No farm returns or rental properties.)

Registration is required based on availability at each branch. Contact the Raytown branch at 353.2052 for dates and times. The tax season is from February 1 - April 15.

Volunteer Corner

Thank you for your service to Shepherd's Center of Raytown and for making a difference in others' lives.

Mark Your Calendar for Saturday, April 13

Volunteer Appreciation Breakfast at REAP



We had so much fun last year, let's do it again! The annual SCR volunteer appreciation event will be held on **April 14, 9:30 am to 11 am at REAP.**

Invitations will be mailed in March with details.

Help Wanted!

Wednesday Wheels that Care Drivers.

We have an urgent need for drivers who are available on Wednesdays. You must be willing to transport seniors to medical appointments only two times per month. For more information, please call the SCR Office at 816-356-9000 or find the volunteer application on our website at shepherdscenterraytown.org

Join the Exercise Team

The **Exercise Class** is in need of a co-leader to assist with attendance, collection of money and be a part of the leadership team. Classes are held at St. Bernadette Catholic Church, 8:30 am—9:30 am on Tuesdays and Thursdays. You do not need to attend every session.

If interested or if you have questions, please call Patty at 356-9000 to discuss or come to a session for a look.

Reminder: If the Raytown School District has cancelled classes for inclement weather, the SCR and Meals on Wheels offices, Meals on Wheels delivery, Wheels that Care rides, all classes and all other services are cancelled.

By the Numbers

Recently I have been involved in reviewing the "numbers" for Shepherd's Center of Raytown participants and volunteers for 2012. This is necessary for reporting to agencies who provide funding and grants for our continued success. Mostly it makes me pause to recognize the measureable impact of an organization such as SCR in a community.

Remarkably, this occurs through the work of so many outstanding volunteers. A couple of examples are:

- 235 rides were provided to doctor appointments. (Can you imagine how much that would cost in cab fare!)
- 12,088 meals were delivered to homes
- 1,632 attendance days were spent enjoying exercise, cards, book review and learning.

Yet many people in the community are not aware of SCR. If you know someone who would enjoy one of our programs, benefit from a service or like to spend a few hours a month volunteering, encourage them to call or attend a program or fundraising event. It could be life-changing!

-Patty

Shepherd's Center of Raytown
7900 Blue Ridge Blvd, Kansas City, MO 64138
Phone: (816) 356-9000
Fax: (816) 356-6526

Email: shepherdscenterr@sbcglobal.net
Website: shepherdscenterraytown.org

Offices at: One Spirit United Methodist Church
Hours: Monday thru Thursday: 9 am—4 pm
Friday: 9 am—Noon

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A United Way Agency

Time sensitive—Please deliver by February 6-7
Return Service Requested

You can help us manage our newsletter costs

One of SCR's larger expenditures is the cost of printing and mailing the newsletter. Monthly, we spend approximately \$105 on postage, \$170 for printing and \$20 for miscellaneous costs. You can help lower these costs by taking action.

- ⇒ **Be a subscriber** by sending a donation of \$4.00 for your 2013 subscription to:
Shepherd's Center of Raytown, 7900 Blue Ridge Blvd., Kansas City, MO 64138
- ⇒ **Sponsor an edition of the newsletter.** Sponsorship opportunities are available at \$75, \$150 and \$300.
- ⇒ **Change the delivery method** and receive it electronically by sending an email to:
shepherdscenterr@sbcglobal.net or calling 356-9000.
- ⇒ **Unsubscribe** if you no longer wish to receive the monthly newsletter
- ⇒ **Please notify the SCR Office of address changes** at 356-9000. When newsletters are returned "undeliverable", the Post Office charges postage plus a 45 cent return service charge.